



## Effects of other Diseases on the Cardiovascular System

Diabetes, kidney and thyroid disease as well as a number of other diseases are also manifested in cardiac parameter changes, in particular heart rate variability changes.

With **clue medical**, all of the aforementioned groups can be easily tested and monitored in the course of disease.

In the HbA1C test ultimately performed, a value of over 10 (normal: up to 6) was found and the diagnosis was confirmed. The patient was started on insulin therapy.

**Since then, the patient has been well controlled and properly treated.**



The 65 year old patient M.B. was suspected of having diabetes mellitus.

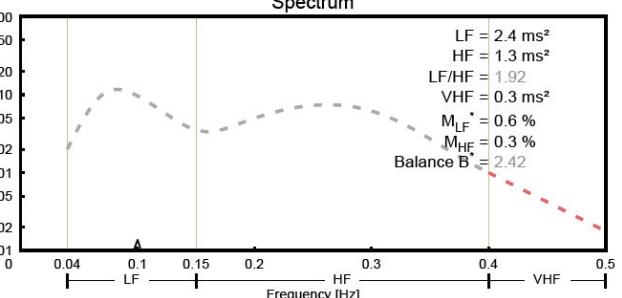
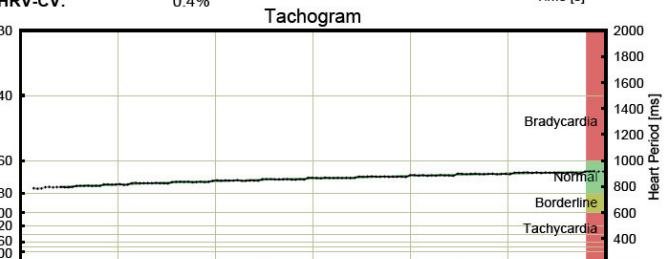
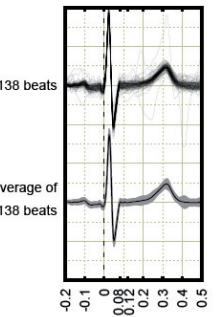
A test with **clue medical** showed a considerably reduced heart rate variability.

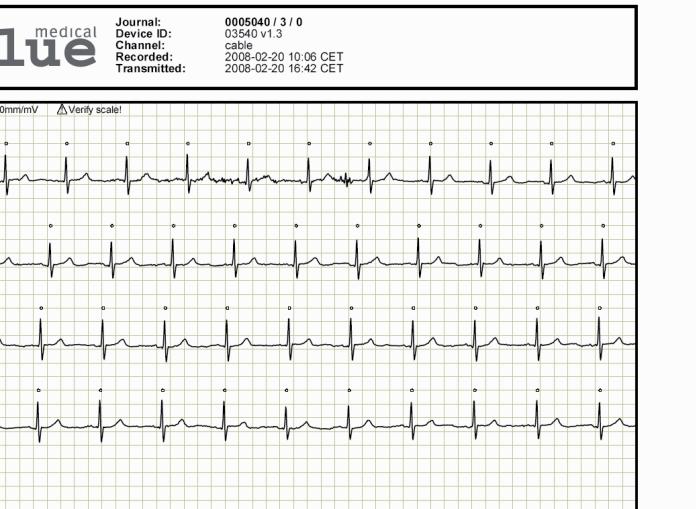
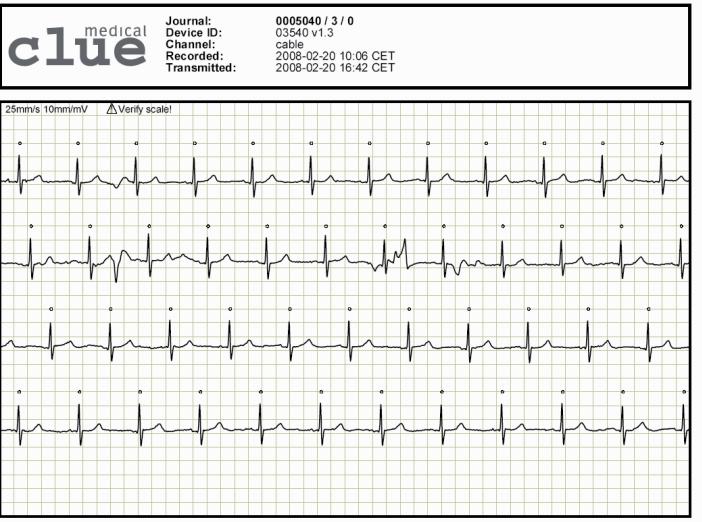
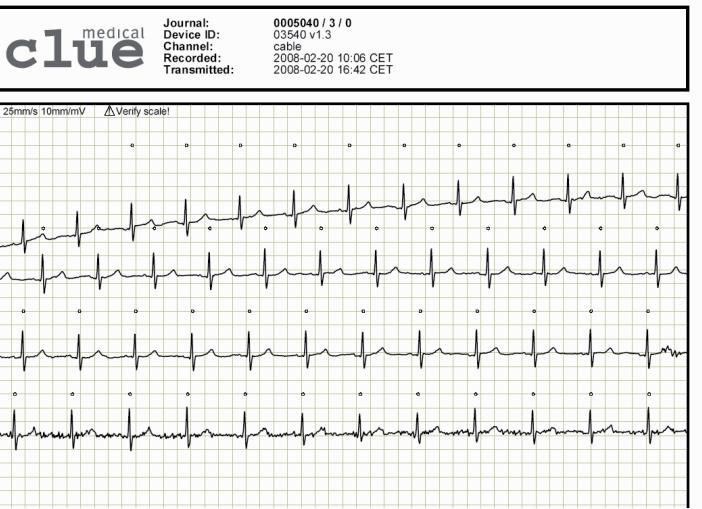
This strengthened the suspicion that the patient was suffering from long-standing untreated diabetes.

Casestudy # 5

Surname: \_\_\_\_\_  
First Name: \_\_\_\_\_  
Date of Birth: \_\_\_\_\_  
**Remarks:** \_\_\_\_\_

Journal: 0005040 / 3 / 0  
Device ID: 03540 v1.3  
Channel: cable  
Recorded: 2008-02-20 10:06 CET  
Transmitted: 2008-02-20 16:42 CET  
Heart Rate: 69.9 min<sup>-1</sup>  
Heart Period: 858 ms  
HRV-SDNN: 3 ms  
HRV-CV: 0.4%





## Use of clue medical

Even with non-cardiac diseases such as diabetes, kidney and thyroid disease, measurement of heart rate variability using **clue medical** can provide interesting additional information with prognostic significance.

### Literature

**Heart rate variability (HRV) in kidney failure: measurement and consequences of reduced HRV**

Reena Ranpuria<sup>1</sup>, Martica Hall<sup>2</sup>, Chris T. Chan<sup>3</sup> and Mark Unruh<sup>1</sup> Nephrol Dial Transplant (2008) 23: 444–449

**Cardiovascular autonomic neuropathy: diagnosis and management.**

Vinik AI, Erbas T, Curr Diab Rep. 2006 Dec;6(6):424-30.

**Diabetic Autonomic Neuropathy**

Aaron I. Vinik, MD, PhD,  
Raelene E. Maser, PhD,  
Braxton D. Mitchell,  
PHD and Roy Freeman, MD  
Diabetes Care 26:  
1553-1579, 2003

Casestudy # 5